

Sunday

Monday

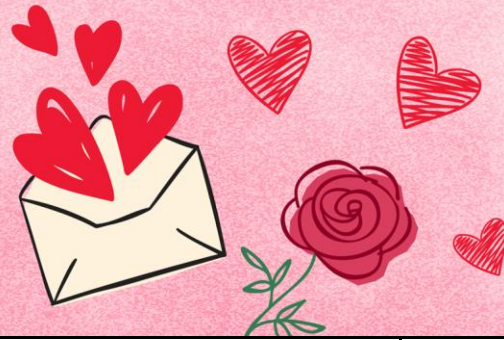
Tuesday

Wednesday

Thursday

Friday

Saturday



February 2025



The Villa at Suffield Meadows: Assisted Living

<p>9:00 Daily Chronicle (R) 2</p> <p>10:30 Live Sunday Service w/ Chaplain Becky (CR)</p> <p>2:00 Music w/ Mardi Gras Kings (LR)</p> <p>5:45 Movie & Popcorn – “Groundhog Day (1993)” (MT)</p> <p><small>Groundhog Day</small></p>	<p>9:00 Daily Chronicle (R) 3</p> <p>10:30 Bingo (B)</p> <p>1:30 Picture Day (LR)</p> <p>2:00 News Currents Discussion (MT)</p> <p>3:00 Stretching & Relaxation w/ Sandy (WC)</p> <p>6:00 Movie Night w/ Chaplain Becky (MT)</p>	<p>9:00 Daily Chronicle (R) 4</p> <p>10:30 Who Am I? (MT)</p> <p>1:30 Crossword Puzzle (AR)</p> <p>2:00 Pet Therapy w/ Poppy (LR)</p> <p>3:00 Sip & Paint (AR)</p> <p>5:45 PBS “Nature” (MT)</p>	<p>9:00 Daily Chronicle (R) 5</p> <p>9:30 Triad Meeting (O)</p> <p>11:00 Shortfall Band (LR)</p> <p>2:00 Indoor Miniature Golf (LR)</p> <p>3:00 Stretching & Relaxation w/ Sandy (WC)</p> <p>4:00 Happy Half Hour/Music w/ Mike Henry (LR)</p> <p>5:45 PBS “American Experience” (MT)</p>	<p>9:00 Daily Chronicle (R) 6</p> <p>9:30 Groundhog Day Scavenger Hunt (C)</p> <p>10:30 Devotions & Communion w/ Chaplain Becky (MT)</p> <p>1:30 Word Games (MT)</p> <p>2:00 Pet Therapy w/ Cooper (LR)</p> <p>3:00 Journaling w/ Marie (AR)</p> <p>5:45 PBS “Animal Babies” (MT)</p>	<p>9:00 Daily Chronicle (R) 7</p> <p>10:30 Fauquier County Library (O)</p> <p>10:30 Bingo (B)</p> <p>1:00 Games w/ Karen (CR)</p> <p>2:00 Sweet Treat Social (B)</p> <p>5:45 Friday Night Movie – “While You Were Sleeping (1995)” (MT)</p> <p>Wear Red Day for Heart Health!</p> <p>♥♥♥</p>	<p>9:00 Daily Chronicle (R) 8</p> <p>9:00 Daily Chronicle (R)</p> <p>2:00 “Steel Magnolias (1989)” (MT)</p> <p>3:00 Active Adult Exercise w/ Sandy (WC)</p>
<p>9:00 Daily Chronicle (R) 9</p> <p>9:30 McLean Bible Church (MT)</p> <p>2:00 Super Bowl Party (LR)</p> <p>Super Bowl Sunday! 🏈</p>	<p>9:00 Daily Chronicle (R) 10</p> <p>10:30 Discussion w/ Steve H. (MT)</p> <p>2:00 News Currents Discussion (MT)</p> <p>3:00 Stretching & Relaxation w/ Sandy (WC)</p> <p>5:45 PBS “All Creatures Great and Small” (MT)</p>	<p>9:00 Daily Chronicle (R) 11</p> <p>10:30 What Am I? (MT)</p> <p>1:00 Resident Council (CR)</p> <p>2:00 Pet Therapy w/ Poppy (LR)</p> <p>3:00 Wine & Design (AR)</p> <p>5:45 PBS “Nature” (MT)</p>	<p>9:00 Daily Chronicle (R) 12</p> <p>9:30 Communion & Prayers (B)</p> <p>10:30 Walmart (O)</p> <p>2:00 Book Club (LR)</p> <p>3:00 Strengthen & Meditation w/ Sandy (WC)</p> <p>4:00 Happy Half Hour/Music w/ Adam K. (LR)</p> <p>5:45 PBS “American Experience” (MT)</p> <p><small>Tu B'Shevat Begins</small></p>	<p>9:00 Daily Chronicle (R) 13</p> <p>9:30 Valentine’s Scavenger Hunt (C)</p> <p>10:30 Devotions & Communion w/ Chaplain Becky (MT)</p> <p>1:30 Word Games (MT)</p> <p>2:00 Pet Therapy w/ Cooper (LR)</p> <p>3:00 Where in the World? (MT)</p> <p>5:45 PBS “Animal Babies” (MT)</p>	<p>9:00 Daily Chronicle (R) 14</p> <p>10:30 Valentine’s Bingo (B)</p> <p>1:00 Games w/ Karen (CR)</p> <p>2:00 Valentine’s Day Social (B)</p> <p>3:00 February Category Trivia (MT)</p> <p>5:45 “Be My Valentine, Charlie Brown (1975)” (MT)</p> <p>♥♥♥♥♥♥♥♥♥♥</p> <p><small>Valentine’s Day</small></p>	<p>9:00 Daily Chronicle (R) 15</p> <p>2:00 “My Big Fat Greek Wedding (2002)” (MT)</p> <p>3:00 Active Adult Exercise w/ Sandy (WC)</p>
<p>9:00 Daily Chronicle (R) 16</p> <p>9:30 McLean Bible Church (MT)</p> <p>2:00 Joyful Noise (B)</p> <p>5:45 Movie & Popcorn – “Love Story (1970)” (MT)</p>	<p>9:00 Daily Chronicle (R) 17</p> <p>10:30 Bingo (B)</p> <p>11:00 Nashville Standard (LR)</p> <p>2:00 Dementia Friends Presentation w/ First Light (LR)</p> <p>3:00 Stretching & Relaxation w/ Sandy (WC)</p> <p>5:45 PBS “All Creatures Great and Small” (MT)</p> <p><small>Presidents’ Day (U.S.)</small></p>	<p>9:00 Daily Chronicle (R) 18</p> <p>10:30 The Villa Chorus w/ Jeff (CR)</p> <p>1:30 Crossword Puzzle (AR)</p> <p>2:00 Pet Therapy w/ Poppy (LR)</p> <p>3:00 Booze & Brushes (AR)</p> <p>5:45 PBS “Nature” (MT)</p>	<p>9:00 Daily Chronicle (R) 19</p> <p>9:30 Communion & Prayers (B)</p> <p>10:30 HomeGoods/Dollar Tree (O)</p> <p>2:00 Star of the Month (MT)</p> <p>3:00 Strengthen & Meditation w/ Sandy (WC)</p> <p>4:00 Happy Half Hour/Music w/ Joe’s Dad (LR)</p> <p>5:45 PBS “American Experience” (MT)</p>	<p>9:30 Presidents’ Day Scavenger Hunt (C)</p> <p>10:30 Devotions & Communion w/ Chaplain Becky (MT)</p> <p>1:30 Word Games (MT)</p> <p>2:00 Pet Therapy w/ Cooper (LR)</p> <p>3:00 Rosary & Prayers w/ Petey (CR)</p> <p>4:00 Greeting Committee (LR)</p> <p>5:45 PBS “Animal Babies” (MT)</p>	<p>9:00 Daily Chronicle (R) 21</p> <p>10:30 Bingo (B)</p> <p>11:00 St. John’s Catholic Mass (CR)</p> <p>1:00 Games w/ Karen (CR)</p> <p>2:00 Monthly Birthday Party (LR)</p> <p>3:00 February Random Trivia (MT)</p> <p>5:45 Friday Night Movie – “Roman Holiday (1953)” (MT)</p>	<p>9:00 Daily Chronicle (R) 22</p> <p>2:00 “Runaway Bride (1999)” (MT)</p> <p>3:00 Active Adult Exercise w/ Sandy (WC)</p>
<p>9:00 Daily Chronicle (R) 23</p> <p>9:30 McLean Bible Church (MT)</p> <p>2:00 Movie & Popcorn – “Failure to Launch (2006)” (MT)</p>	<p>9:00 Daily Chronicle (R) 24</p> <p>10:30 Bingo (B)</p> <p>2:00 News Currents Discussion (MT)</p> <p>3:00 Stretching & Relaxation w/ Sandy (WC)</p> <p>5:45 PBS “All Creatures Great and Small” (MT)</p>	<p>9:00 Daily Chronicle (R) 25</p> <p>10:30 The Villa Chorus w/ Jeff (CR)</p> <p>1:30 Crossword Puzzle (AR)</p> <p>2:00 Pet Therapy w/ Poppy (LR)</p> <p>3:00 Canvas & Cocktails (AR)</p> <p>5:45 PBS “Nature” (MT)</p>	<p>9:00 Daily Chronicle (R) 26</p> <p>9:30 Communion & Prayers (B)</p> <p>10:30 Target (O)</p> <p>2:00 Where in the World? (MT)</p> <p>3:00 Strengthen & Meditation w/ Sandy (WC)</p> <p>4:00 Happy Half Hour/Pete the Folksinger (LR)</p> <p>5:45 PBS “American Experience” (MT)</p>	<p>9:00 Daily Chronicle (R) 27</p> <p>9:30 Cherry Scavenger Hunt (C)</p> <p>10:30 Devotions & Communion w/ Chaplain Becky (MT)</p> <p>1:30 Word Games (MT)</p> <p>2:00 Pet Therapy w/ Cooper (LR)</p> <p>3:00 Would You Rather? (MT)</p> <p>5:45 PBS “Baby Animals” (MT)</p>	<p>9:00 Daily Chronicle (R) 28</p> <p>10:30 Bingo (B)</p> <p>1:00 Games w/ Karen (CR)</p> <p>2:00 Leap Year Social (B)</p> <p>3:00 Travelogue – Dubai, UAE (MT)</p> <p>5:45 Friday Night Movie – “Casablanca (1942)” (MT)</p> <p><small>Ramadan Begins</small></p>	<p>*Activities subject to change based on circumstances.</p>

O – Outing MT – Movie Theater B – Bistro R – Room AR – Art/Activity Room CR – Card Room LR – Living Room C – Common Areas WC – Wellness Center